



*Scoil Náisiúnta Mhuire,
Eimhín,
Cillmocheallóg,
Co. Luimnigh.
V35 RH51
Roll No: 17299B*

Dear Parents,

Given the increasing concerns around online safety, and in light of recent media coverage, we invite you to an important Internet Safety Talk for Parents. This session will provide valuable insights and practical tips to help you navigate the digital world with your children.

We are delighted to welcome **Jackie O'Regan**, founder of DigiWise, as our guest speaker. Jackie is a highly respected digital literacy consultant with over a decade of experience. She has worked extensively with schools, the HSE, TUSLA, and various other organisations, offering expert guidance on digital wellbeing.

As a parent of four and a foster parent to teenagers, Jackie brings not only professional expertise but also a wealth of lived experience to her sessions. Earlier that day, Jackie will be delivering internet safety workshops to our students and will share her observations during the parents' talk.

DIGIWISE PARENTS TALK

Date: *December 4th 2025*

Time: *7:00 pm to 8:00 pm*

Location: *Scoil Mhuire*

Parents **attending** the talk will receive the following:

Free Digital Family Agreement Booklet: A practical, take-home resource to help guide family conversations about safe and responsible internet use.

Optional IT Support Add-On: Parents can book one-to-one virtual sessions with qualified specialists to set up parental controls and online safety tools at home (paid directly by parents).

Raffle Prize: One parent will win a free IT support voucher at the end of the talk.

Homework Pass: We understand that evenings are often a busy time for families, and if you are at the talk, you won't be at home to supervise your child's homework. To support this, children of attending parents will receive a Homework Pass for that evening.

Kind regards