

WHAT EVERY PARENT NEEDS TO KNOW ABOUT RAISING KIDS ONLINE.



NEW
CONTENT
UPDATE



Scoil Mhuire



Thursday Dec 4th, 2025



7.00 p.m. to 8.00 p.m.

INTERNET SAFETY WORKSHOP FOR PARENTS & CAREGIVERS

- **TikTok**, Shorts & the Brain
- The Secret World of **Snapchat**
- **Algorithms**: Who's in Control?
- **Screen Time** Tactics
- **Cyberbullying**: Spot It, Stop It
- Sleep & Mental **Health**
- **Parental Controls**:
- **Q&A** + More!



PRESENTER

JACKIE O'REGAN / DIGIWISE.IE